

Head Bump Information Sheet

All head injuries should be watched closely for at least 24 hours. You may allow your child to sleep, but check your child periodically that first night. He/she should wake up, walk and talk normally. After 48 hours, treat your child normally again.

Contact your family physician immediately if your child:

- ◆ Complains of a headache that continues or increases in severity
- ◆ Does not seem to respond or does not act as he or she usually does. Your child should be aware of the day and date, etc.
- ◆ Complains of a strange tastes in his/her mouth or you see a fluid or blood that continually drains from his/her ears or nose
- ◆ Vomits more than two or three times
- ◆ Has difficulty in seeing, sees double, unusual movements of the eyes or if one pupil becomes larger than the other
- ◆ Is dizzy and difficulty in walking
- ◆ Complains of weakness or is unable to move one or both of his/her arms or legs
- ◆ Has twitching movements of the body or convulsions
- ◆ Becomes very sleepy and cannot easily be awakened **NOTE: it is not necessary to keep the child awake during regular sleep hours, but it is advisable to check the child every two hours**
- ◆ Before giving your child any medication for pain, contact your physician

A few children will get sick from a head injury 7 to 10 days after the accident. Please keep this slip and show it to your doctor if any of the above things happen to your child at any time during the next 10 days. If your child has received two or more serious head injuries within the last year, please contact your physician.